

The app has been installed over 7,000 times here are just some of the reviews

★★★★★

**Child health app** Works very well on my Smartphone. Useful, practical and easy to understand advice on various common health conditions. Includes information on where to go for help, with good examples of which service is the most appropriate for your child's needs. Essential for parents of under fives to provide reassurance, practical help and signposting to the best local healthcare service for your particular needs.

★★★★★

**Very Helpful** A lot of useful information on a variety of stuff. Helps to put mind at ease with the dreaded Google search!

★★★★★

*Child health app Works very well on my Smartphone. Useful, practical and easy to*

**Excellent** ★★★★★

A must have app that has all the relevant information you should need for your child. A "must" that all parents should have on their phone.

# Looking after your child's health

Parent or carer of a child under 5?

**NHS**

## Get the free NHS app

A new NHS guide to help you look after your child's health.

Search 'NHS child health'

GET IT ON  
Google play

Download on the  
App Store



A new child health app available for all smartphones provides medical advice and reassurance at the fingertips of parents with children under 5.

Parents and carers can now find NHS advice on many common childhood illnesses, so you know when you need to seek further medical advice from a pharmacy, GP or hospital – or how you can care for your child at home until they recover.

The app gives easy to understand guidance on childhood illnesses.

The app, which has been created by healthcare professionals across the region as part of the North East Urgent and Emergency Care Network, is also available as a 115-page booklet.

The booklet and app contains everything from oral health, upset tummies and diarrhea to advice on bumps and bruises.

Download the app now, available on Google Play and the App Store by searching for NHS child health or view the booklet online.



If you're concerned about your child's health you can also call NHS 111 for advice